



# YMCA BUZZ

July 2014

## This Month's Top Stories

### Things to Remember

To ensure that your child has a safe and fun experience at the YMCA this summer, please ensure that they have the following items with them every day:

- A hat that covers top of head (no visors)
- Indoor shoes **AND** outdoor shoes (NO FLIP-FLOPS! Outdoor shoes must have a strap around the ankle)
- Change of clothes
- Bathing suit and a towel
- Water bottle (labelled with their name)
- Sunscreen (unless sunscreen form has been signed, then it will be provided by the YMCA)

### Anaphylaxis Alert

The YMCA strives to be a safe environment for the children in our care. We would like to remind parents/guardians that there is an Anaphylaxis Alert in effect. Some children who attend our programs, as well as staff, may experience severe allergic reactions if they come into contact with

certain items. We ask that everyone who enters our facility, refrains from bringing in anything that contains latex (balloons), or anything that contains or may contain peanuts/nuts. If anything is brought in that contains peanuts/nuts, the child will NOT be allowed to eat it. Children will not be allowed to eat the item in the office or in a separate room. If your child comes in with something made with a soy based, peanut-free peanut butter (WOWBUTTER), please inform staff that your child has a safe alternative. We thank you for your co-operation!

### Upcoming Events

On **Tuesday July 15<sup>th</sup>** the children in our childcare program will be going on a field trip to White Water Front Park in South Porcupine. Please have your child here no later than 8:30am. The children will be having lunch at the park, and return to the YMCA by 12:30. Please make sure your child has a bathing suit, a towel, a change of clothes, a hat that covers the top of their head, as well as sunscreen (unless the sunscreen form has been signed)

## Birthdays

Lily P.  
July 4<sup>th</sup>

Lydia R.  
July 4<sup>th</sup>

Ethan K.  
July 5<sup>th</sup>

Lucy S.  
July 5<sup>th</sup>

Martina M.  
July 6<sup>th</sup>

Jake C.  
July 11<sup>th</sup>

Liam H.  
July 14<sup>th</sup>

Spencer M.  
July 15<sup>th</sup>

Charlotte M.  
July 15<sup>th</sup>

Lillianna L.  
July 19<sup>th</sup>

Keanan T.  
July 20<sup>th</sup>

Caleb P.  
July 21<sup>st</sup>

Desiree C.  
July 22<sup>nd</sup>

TJ W.  
July 23<sup>rd</sup>

Amber S.  
July 25<sup>th</sup>

Orianna R.  
July 28<sup>th</sup>

Mason B.  
July 29<sup>th</sup>

Moira M.  
July 30<sup>th</sup>

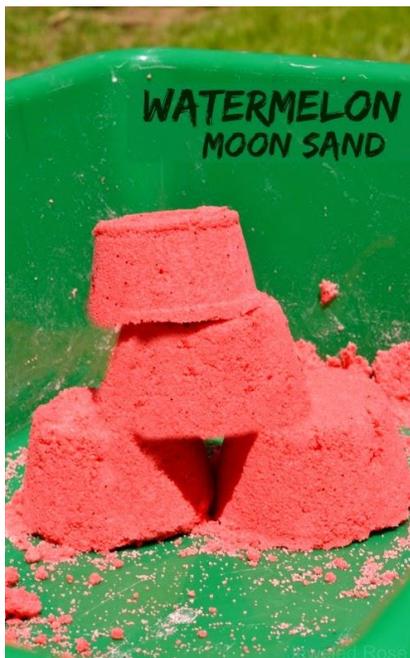
## Did You Know?

July 20<sup>th</sup> marks the 45<sup>th</sup> anniversary of the first moon landing, when Neil Armstrong, Buzz Aldrin, and Michael Collins became the first astronauts to travel to the moon. Here are some fun facts about the moon landing from 1969:



- Neil Armstrong couldn't afford the life insurance policy for an astronaut, so he, along with Buzz and Michael, came up with an alternative plan. Prior to their mission, the three signed hundreds of autographs. They then sent the autographs to a friend who would postmark them on the date of Apollo 11's launch, and in the event of a tragedy, that friend was to distribute the autographed memorabilia to the astronauts' families so they could sell them to raise money.
- As the Apollo 11 astronauts blasted off from the moon, flying dust and debris knocked over the American flag they had planted on the moon's surface.
- Along with the American flag, Buzz Aldrin and Neil Armstrong left a few mementos on the surface of the moon, including goodwill messages from 73 world leaders, and a small gold pin shaped like an olive branch as a symbol of peace.
- Upon entering the lunar module to begin their journey home, Buzz and Neil discovered that a switch on a crucial breaker was broken, leaving them without a way to ignite the engine. Buzz decided to jam a pen into the mechanism to use as a make-shift switch, and it worked.

### Recipe of the Month: Watermelon Moon Sand



#### *Ingredients:*

- 4 cups of red or traditional play sand (can be found at Wal-Mart or Canadian Tire)
- 2 cups of corn starch
- ½ a cup – 1 cup of water (add a ½ cup of water to begin with, then add the rest if needed)
- 1 watermelon Kool-Aid packet

#### *Instructions:*

- Combine the sand, Kool-Aid powder and corn starch in a bin or a large container.
- Slowly add the water and mix. Add more water until you reach the desired consistency. The moon sand should be moldable, crumbly, and slightly moist, but not too wet. If you accidentally add too much water, just add more of the dry ingredients.