



# YMCA BUZZ

January 2014

## This Month's Top Stories

### Christmas Craft and Bake Sale

On December 14<sup>th</sup>, 2013, the YMCA held a Christmas Craft and Bake Sale. We had asked parents, guardians, family and friends to donate a baked good and/or a craft for the sale. We received an incredible amount of donations, and we would like to say thank you to everyone who donated. Thanks to everyone's generosity, the craft and bake sale was a great success. We surpassed our goal of \$500.00, and were able to raise approximately \$700.00 to put towards the Tunnickliffe Outdoor Living Space. To everyone who donated, as well as purchased items from the sale... THANK YOU!!

### PD Day

Friday January 31<sup>st</sup> marks the first PD day of 2014. Please see Lesley at the Main Office, or call at 705-360-4381 to sign your child up today!

### Friday Night Youth Drop-In

The YMCA Youth Drop-In is back up and running for 2014. Every Friday night, from 6:00 – 8:00, we offer a FREE Youth Group night for youth in grades 2-8. Youth participate in various activities and are provided with snack. For more information, please contact the Main Office at 705-360-4381, or email Lisa at [lgasparetto@timminsymca.org](mailto:lgasparetto@timminsymca.org)



Do you want your child to have a great birthday party, but don't have the time to plan, create, organize, shop, set up for the party, and clean up after? Let the Timmins Family YMCA take care of all that for you!

#### Choose From 8 Different Party Themes

|                     |                        |
|---------------------|------------------------|
| A Day at the Spa    | Pinkalicious Party     |
| Mad Science Party   | Monster Bash           |
| Party Under the Sea | Sports All-Star Party  |
| Hawaiian Luau       | General Birthday Party |

**For more information, or to book your party, call**

**705-360-4381**

#### Party Packages Include:

- Party Host
- 2 slices of pizza per child
- Juice and cupcakes
- A special gift for the Birthday Boy/Girl
- Goodie bags for each child
- 5 theme related activities
- Optional free time in the Fitness Room

Maximum of 15 children

## What do you want to be when you grow up?



Ben W.

"A fireman"



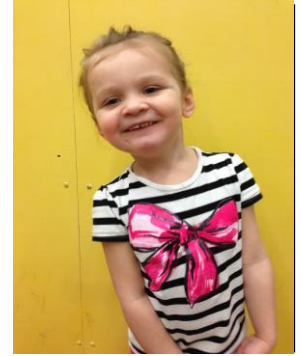
Blake H.

"A giant Mommy!"



Liam H.

"A Cat!"



Delilah M.

"A Princess"

### Did You Know?

- The world record for the largest snowfall in a single day was set in the United States on December 4<sup>th</sup>, 1913 when Georgetown, Colorado received 63 inches of snow (more than 5 feet).
- Chionophobia is the fear of snow
- The coldest recorded temperature in Canada, believe it or not, did not occur in Timmins, Ontario. It occurred in Snag, Yukon Territory on February 3<sup>rd</sup>, 1947. The temperature was -63° C.

### Birthdays

**Rowan L.**

January 5<sup>th</sup>

**Calvin Y.**

January 10<sup>th</sup>

**Liam M.**

January 23<sup>rd</sup>

**Rowan C.**

January 24<sup>th</sup>

**Mia T.**

January 27<sup>th</sup>

**Emily W.**

January 28<sup>th</sup>

### Recipe of the Month: Slow Cooker Chicken Tortilla Soup

#### Ingredients:

- 2-3 chicken breast, cubed
- 5 cups chicken stock
- 1 green pepper, chopped
- 1 teaspoon salt
- 1 jalapeno pepper, chopped (optional)
- 15 ounce can corn
- 1 medium onion, chopped
- 2 cloves garlic
- 1 teaspoon black pepper
- Tortilla strips
- 15 ounce can diced tomatoes, drained
- ¼ teaspoon chili powder
- Monterey Jack cheese, shredded

#### Instructions:

- Add all the ingredients to the slow cooker, except for the cheese and the Tortilla strips
- Cook on high for 4 hours, or on low for 8 hours.
- To serve, divide into bowls and top with shredded cheese and tortilla strips

**\*\*OPTIONAL:** Instead of cubing the chicken breast, leave it whole in the slow cooker. Just before serving, shred the chicken with a fork\*\*