



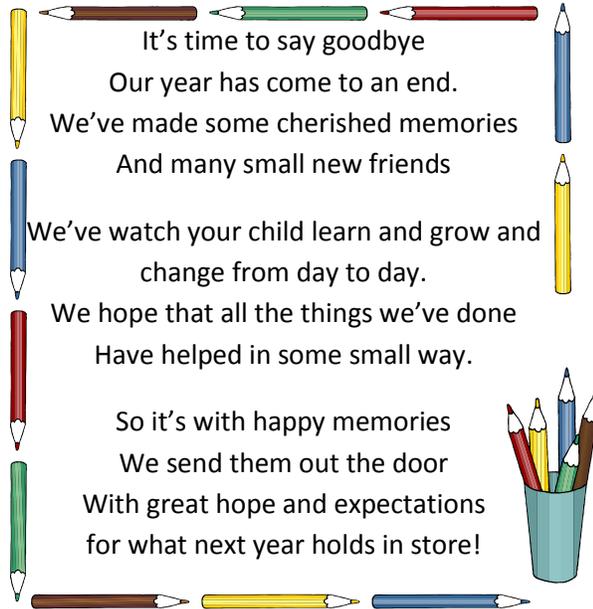
YMCA BUZZ

June 2014

This Month's Top Stories

Preschool Graduation

The Timmins Family YMCA Preschool Graduation is just around the corner! The ceremony will be held on Friday June 20th, 2014 from 10:30-12:30, with a luncheon to follow. Please RSVP to the Main Office by Wednesday, June 11th, 2014. If you have any questions, or would like more information, please contact the Main Office at 705-360-4381



It's time to say goodbye
Our year has come to an end.
We've made some cherished memories
And many small new friends
We've watch your child learn and grow and
change from day to day.
We hope that all the things we've done
Have helped in some small way.
So it's with happy memories
We send them out the door
With great hope and expectations
for what next year holds in store!

HGC 3rd ANNUAL MIXED GOLF TOURNAMENT

AUGUST 2 – 3, 2014

Hollinger Golf Club, Timmins

HGC MEMBERS \$100. - NON-MEMBERS \$115.

FIRST 72 TEAMS PAID ACCEPTED \$4000. + IN PRIZES

- 2 Rounds of Golf – Shotgun start (Sat. & Sun)
- Pick of the Crop fruit table (Sat. & Sun)
- Hole in one contest (Sat. & Sun.)
 - Dinner & Auction (Sat.)
- Breakfast and hot dogs at the turn (Sun.)
 - \$5.00 putting contest (Sun.)

**CONTACT PRO-SHOP TO REGISTER
705-264-8450**

**Proceeds go to the
Timmins YMCA Strong Kids Campaign**

For more information, contact
Wayne Bozzer or Shannon Costello
705-360-4381

Summer is Here!

The official first day of summer is Saturday, June 21st. With the warm weather finally here, we wanted to remind parents what they need to provide their children with for outdoor play. Please see our list of items that your child will need to have here at the YMCA.

- Hat
- Indoor shoes **AND** outdoor shoes (NO FLIP-FLOPS! Outdoor shoes must have a strap around ankle)
- Change of clothes
- Bathing Suit and a towel
- Sunscreen (unless sunscreen form has been signed, then it will be provided by the YMCA)

Birthdays

Ben W.
June 10th

Kwynn L.
June 12th

Joshua B.
June 21st

Marissa P.
June 22nd

Ayla L.
June 24th

Liam C.
June 27th

Ella K.
June 30th

Did You Know?

- The Eiffel Tower can grow by more than 6 inches in summer due to expansion of the iron on hot days.
- Popsicles were invented by accident in 1905 by 11 year old Frank Epperson. He mixed soda and water and left the mixture out overnight with the stirring stick still in it. That night the temperature dropped low enough to freeze the mixture. He patented the idea in 1924.
- The frequency of a cricket's chirps fluctuates with the temperature. If you can count a cricket's chirps for 15 seconds, and add 37, you will have the approximate outdoor temperature (in Fahrenheit).

Recipe of the Month:

Ice Cream in a Bag

Ingredients:

- ½ cup heavy whipping cream or half and half
- 1 tsp vanilla extract
- 2 ½ tsp sugar
- 6 tbsp coarse salt
- Sandwich bag
- 2 large freezer bags
- Ice cubes

Instructions:

- Place the heavy whipping cream (or half and half) in the sandwich bag, and seal tightly.
- Fill a large freezer bag half-way with ice cubes, and add the coarse salt.
- Put the sandwich bag filled with the cream into the freezer bag with the ice cubes, and seal tightly. Place the first freezer bag into the second freezer bag to prevent any spills.
- Shake the bag for 5- 10 minutes or until the ice cream forms.
- Enjoy!

