



# YMCA BUZZ

November 2013

## This Month's Top Story

### Peace Week

The YMCA believes that peace is more than the absence of war. It requires the presence of something- the recognition of basic human rights and the provision of basic human needs. Since 1984, YMCA's across Canada have spent the third week in November organizing special activities to engage children, youth and adults in exploring peace from local and global perspectives. This year, peace week runs from November 16<sup>th</sup> – November 23<sup>rd</sup>. In recognition of YMCA International Peace Week, the Timmins Family YMCA will be hosting a Preschool Friendship Lunch. We have invited our friends from other local child care centers to join our Preschool children for lunch on Friday November 22<sup>nd</sup>, 2013. We will have activities for the children, followed by a healthy lunch in the Frog's Breath Gymnasium, from 10:30am – 12:30pm.

“Working towards peace begins with broadening your own outlook towards life, the world, and the individuals around you- this can mean something as simple as communicating responsibly and respectfully with others, maintaining a positive attitude, or smiling at an unfamiliar face on the street. Peace begins with the belief that your own and other's actions, however small, are worth it.”

- Caitlin Ohama-Darcus- 2006 Recipient of the YMCA Peace Medallion (YMCA of Greater Vancouver)



ymcainspirepeace

THINK IT, SAY IT, DO IT!

## Upcoming Events

November						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**November 16<sup>th</sup> – November 23<sup>rd</sup>:** YMCA International Peace Week During Peace Week, children are asked to bring in a stuffed animal to donate for our toy drive

**November 23<sup>rd</sup>:**  
Preschool Friendship Lunch

### Things to Look Forward To:

It's almost that time of year again! Next month we will be hosting our annual Christmas Concert. Once the invitations have been handed out, you will have until December 6<sup>th</sup> to R.S.V.P. We will also be holding a Christmas Craft and Bake Sale. Parents, guardians, and family members are encouraged to donate crafts (i.e. knitted mittens) and/or desserts (cookies, muffins, homemade jam, etc...) to be sold after the Christmas concert. More information to follow!



What do you like to do when it snows?



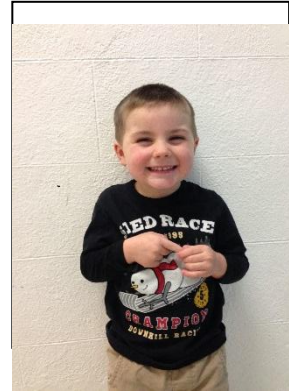
Kirsten R.

"Make snow angels"



Ashton D.

"I like to play racecars in the snow and bury the cars."



Ben W.

"I go on Daddy's Skidoo"



Tessa R.

"I want to jump in it!"

### Did You Know?

Although he is one of the strongest symbols of non-violence in the 20<sup>th</sup> century, and was nominated 5 times, Mahatmi Gandhi was never awarded the Nobel Peace Prize. He was nominated in 1937, 1938, 1939, 1947, and in 1948 shortly before his assassination. In 1948, the Norwegian Nobel Committee decided to make no award that year on the grounds that "there was no suitable living

### Recipe of the Month: Skor Squares

#### Ingredients:

- 1 box of Ritz crackers
- 1 bag milk chocolate chips
- 1 can condensed milk
- 1 bag Skor chipits

- Preheat oven to 350° F
- Crush crackers into small chunks
- In a large bowl, mix crackers, chocolate chips, Skor chipits, and condensed milk
- Once everything is well mixed, press into the bottom of a greased 9x13 pan
- Bake at 350° F for 10-15 minutes. Once cool, cut into squares.

### Birthdays

**November 4<sup>th</sup>:**  
Maddison F.

**November 13<sup>th</sup>:**  
Elliotte R.

**November 16<sup>th</sup>:**  
Emmileigh M.

**November 19<sup>th</sup>:**  
Dawson M.

**November 21<sup>st</sup>:**  
Reed A.

**November 24<sup>th</sup>:**  
Cooper T.

**November 26<sup>th</sup>:**  
Tessa R.

**November 29<sup>th</sup>:**  
Jaden L.  
Parker P.